



THE MEDICAL GROUP
OF SOUTH FLORIDA, INC.

EGD Prep

The day before your procedure, **please take all your normal medications.**

STEP 1: IF YOUR ARRIVAL TIME IS 10:30 AM OR EARLIER:

Nothing to eat or drink after midnight the night before the test. Please take your medications with a small sip of water.

STEP 1: IF YOUR ARRIVAL TIME IS AFTER 10:30 AM:

No solid foods after midnight the night before the test. You may have clear liquids up to 8 hours prior to the time to report for your procedure. Then nothing to eat or drink until after the test is completed. Please take your medications with a small sip of water.

***** IF YOU ARE DIABETIC TAKE NO ORAL DRUGS THE DAY BEFORE AND THE MORNING OF YOUR PROCEDURE. IF YOU TAKE INSULIN TAKE ½ DOSE OF INSULIN THE DAY BEFORE THE TEST AND NONE THE DAY OF TEST.*****

IF YOU ARE ON BLOOD THINNERS PLEASE ASK YOUR PHYSICIAN ABOUT STOPPING THEM

Also: The morning of your procedure: THIS IS IMPORTANT!

- Take all heart and blood pressure medicine with a small sip of water
- Take asthma medication
- Take all morning medications with a small sip of water

Abstain from smoking prior to anesthesia on the day of the procedure. This includes cigarettes, pipes, cigars, e-cigarettes and other substances. Smoking can cause complications during or after the procedure.