



## SUTAB® Preparation

*\*Follow these instructions. Do NOT follow the instructions on the bottle.\**

\*The prescription for your prep has been sent to your pharmacy electronically. Please pick up within a week.

**10 DAYS BEFORE YOUR PROCEDURE:** stop iron, omega/fish oil, and all herbal supplements.

**5 DAYS BEFORE YOUR PROCEDURE:**

- Stop anti-diarrheal medications (e.g. loperamide, imodium, lomotil)
- Hold Plavix (Clopidogrel) - *if cleared by prescribing physician*
- Hold Warfarin (Coumadin)- *if cleared by prescribing physician*
- Hold anti-inflammatory medications (e.g. Ibuprofen, Motrin, Aleve, Mobic, Celebrex, Advil, Excedrin)

**4 DAYS BEFORE YOUR PROCEDURE:** start following a low fiber diet (see LOW FIBER DIET handout).

**2 DAYS BEFORE YOUR PROCEDURE:**

Hold blood thinners (Xarelto, Eliquis, Pradaxa, Aggrenox, Lovenox, Effient, Brilinta, Savaysa) *if cleared by prescribing physician*

**1 DAY BEFORE YOUR PROCEDURE:**

- Start clear liquids 30 hours prior to scheduled procedure (see CLEAR LIQUID DIET handout)
- No solid food 30 hours prior to scheduled procedure.
- At 4:00pm, open 1 bottle of SUTAB (12 tabs). Fill the provided container with 16 oz of water. Swallow 1 tablet with a sip of water every 5 minutes finishing all the tablets and the 16 oz of water in 1 hour. *(If you feel nauseous, take a 30 minute break)*
- IF YOUR COLONOSCOPY ARRIVAL TIME IS 11:00 am OR EARLIER: At 11:00 pm open the second bottle of SUTAB (12 tabs). Fill the provided container with 16 oz of water. Swallow 1 tablet with a sip of water every 5 minutes finishing all the tablets and the 16 oz of water in 1 hour. *(If you feel nauseous, take a 30 minute break)*
- IF YOUR COLONOSCOPY ARRIVAL TIME IS AFTER 11:00 am, open the second bottle of SUTAB the morning of the procedure (tomorrow) at 6:00am

**DAY OF PROCEDURE:**

- IF YOUR COLONOSCOPY ARRIVAL TIME IS AFTER 11:00 am today, at 6:00 am open the second bottle of SUTAB (12 tabs). Swallow 1 tablet with a sip of water every 5 minutes finishing all the tablets and the 16 oz of water in 1 hour.
- Take all morning medications with a small sip of water (excluding blood thinners and diabetic medications)
- You must STOP drinking clear liquids 4 hours prior to your procedure (INCLUDING gum and hard candies)

-----**IF YOU ARE DIABETIC**-----

- Do not take oral diabetes medication night before or morning of procedure
- Take half of insulin dose night before procedure
- Do not take insulin morning of procedure