



THE MEDICAL GROUP
OF SOUTH FLORIDA, INC.

CT Scan Preparation

Appointment Information:

Appointment Date: _____ Arrival Time: _____

Important Information

You have been scheduled for a Cat Scan, which is an imaging test used to see inside the body. Cat Scan combines a series of x-ray images from different angles around your body.

Our imaging department wants to make your experience as pleasant as possible. Cat Scan exams usually begin on time; however, it is possible to have an emergency which could delay your exam. Please be patient as we strive to provide the best care possible.

- Please wear comfortable loose-fitting clothing with little or no metal; avoid buckles and snaps
- Please leave your jewelry at home
- Please bring any previous scans with you if we do not already have them.

CT Scan of the Pelvis, Abdomen or Abdomen/Pelvis WITH or WITHOUT Contrast

- Do not eat or drink anything four (4) hours before exam
- Take medications with a small sip of water as early as possible
- If you are diabetic, please take your insulin
- Arrive 1 hour prior to your exam.

CT Scan of the Head, Neck or Chest WITHOUT Contrast

- You may eat and drink normally
- Arrive 15 minutes prior to your exam.

CT Scan of the Head, Neck or Chest WITH Contrast

- Do not eat or drink anything four (4) hours before exam
- Take medications with a small sip of water as early as possible
- If you are diabetic, please take your insulin
- Arrive 15 minutes prior to your exam.

CT Angiogram

- Do not eat or drink anything four (4) hours before exam
- Take medications with a small sip of water as early as possible
- If you are diabetic, please take your insulin
- Arrive 15 minutes prior to your exam.